



Scholarship Skills

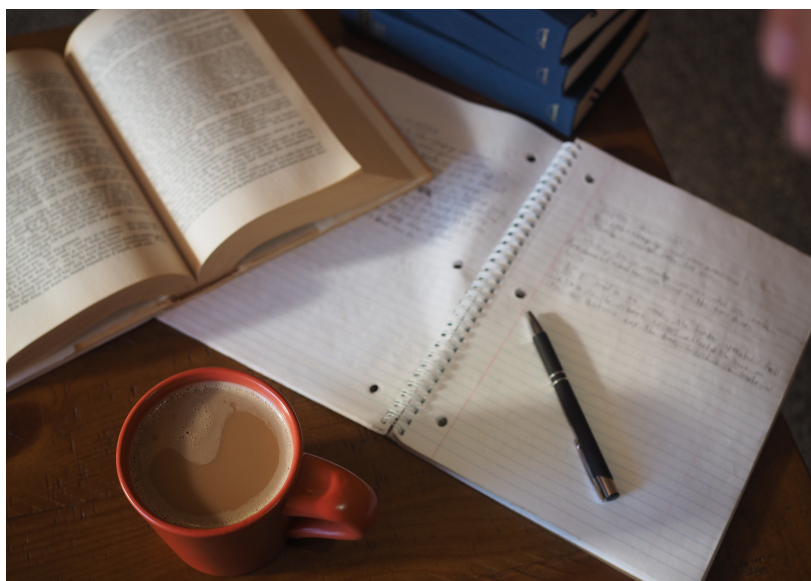
Upper School

Scholé Academy Summer Course 2022

Grades 9-12

This course challenges students to develop the wise diligence that is vital to academics and to life. Incorporating elements that will encourage students of every learning style, this course assists students in identifying and overcoming obstacles to learning.

Under the guidance of the instructor, students will complete fun and insightful self-evaluation quizzes, identify individual strengths and weaknesses, and develop growth strategies.



Students will learn how to manage time and minimize distractions, how to prudently use technology in learning, how to prepare to study, how to study actively, and how to self-assess using a student mastery portrait (set goals and measure personal goals). Through assigned reading selections, students will hone their comprehension skills and learn how to read various genres of literature. In the process, they will learn active reading, note-taking, and outlining skills. Similarly, targeted writing exercises will train students to organize their thoughts and craft paragraphs. Ultimately, this course aims to foster student virtues of patience, perseverance, and joy in learning.

Instructor: Tisha Frost



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Class Meets:

Mondays & Wednesdays
2:00pm-3:15pm ET or
3:30pm-4:45pm ET

June 6, 8
June 13, 15
June 20, 22
June 27, 29
July 6

*Note we do not meet July 4

Required Text: None

This course draws on *How to Read a Book* by Mortimer Adler as a primary text, adapting its goals and scope to fit the needs of younger students. (This book is not required reading.)

The instructor will provide students with all required materials electronically including selected readings and correlating exercises.

Weekly Overview of Scholarship Skills

General Scholarship Skills *Growing in virtues*



Week 1: Overcoming vices with virtues

- Self-assessment of study skills, reading, note taking, and the like

Week 2: Prudence and Temperance

- Time management
- Mapping out assignments

Week 3: Growing in Humility and Justice

- Ask what you don't know
- Giving your teachers and classmates what is due to them

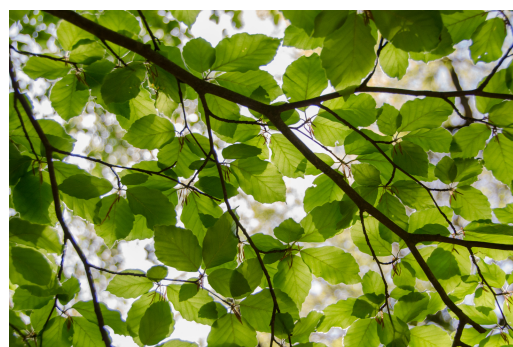
Week 4: Growing in Fortitude and Hope

- What to do when you get "stuck" with assignments

Week 5: Growing in Fruits of the Spirit

- How to enjoy learning
- Grow in wonder

Specific Scholarship Skills *Practicing specific skills*



Week 1: How to approach a class

- Syllabus, Assignments, Books
- Teacher's expectations

Week 2: How to read

- History, Science, Literature, etc
- Reading skills and techniques

Week 3: How to take notes

- From reading assignments
- From a lecture
- Cornell, Web, Outline, Narrations

Week 4: How to write

- Drafts, Edits, Proofreading
- Following a "recipe" for papers

Week 5: How to speak

- Participating in Discussions
- Presenting to class

About the instructor

Tisha Frost has been teaching in a variety of settings over the last 20 years after following one of the best pieces of advice she was ever given, "Be who God created you to be and you will set the world on fire" (attributed to St. Catherine of Siena). This inspired her to study both history and theology during her undergraduate years. She obtained a B.A. in American Studies, with a minor in Theology, from the University of Notre Dame. She also holds a Master of Education from the University of Notre Dame, specializing in Middle School and High School Social Studies. Through her experiences of teaching many students, including her own children, she has seen the need for restful education that is focused on the true, good, and beautiful. Tisha resides in Northern Minnesota with her husband and six children. When she has a moment to herself, she enjoys children's literature, British mysteries, good movies, and baking.