

Upper School—Scholarship Skills Workshop Winter Course 2023

Instructor: Rev. Chris Marchand

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Dates: January 26 – March 16 (8 sessions)

Time: Thursdays 12:30 – 1:30 p.m. EST

Schoology access code:



ELIGIBLE STUDENTS: Grades 9 - 12

The outline below represents a rough sketch for how this course will proceed. Instructor may adjust pacing to suit the needs of the class.

SCHOLARSHIP SKILLS COURSE DESCRIPTION:

This is a workshop on various scholarship skills and how to put them into practice through a variety of tools and techniques to help each student find the methods that work best for them. The bulk of the sessions will focus on approaches to reading, note-taking and annotating skills, and learning how to read different kinds of texts. In addition to this, we will also look at ways to improve organization, productivity, and study time by looking at approaches to planners and journaling to study methods such as the Pomodoro Technique and Deep Work.

SCHOLARSHIP SKILLS COURSE MAP:

MONTH 1

1. Week 1
 1. Active Reading
 2. Setting reading, study, and organizational goals
 3. Intro to bullet journaling
2. Week 2
 1. The Levels of Reading
 2. Bullet Journaling / Daily / Weekly Planning
 3. Setting goals for our bullet journal (or planner)
3. Week 3
 1. Inspectional Reading
 2. Forming your bullet journal (or planner)
 3. Other types of planners
4. Week 4
 1. Annotating and taking notes
 2. Mapping your day and week
 3. Introduction to Pomodoro Technique

MONTH 2

1. Week 1
 1. Imaginative Literature
 2. The Pomodoro Technique
 3. Choosing a project to plan
2. Week 2
 1. Nonfiction Reading
 2. Deep Work studying

3. Study Habit Skills
4. Continuing to project plan
3. Week 3
 1. Reading Stories and Plays
 2. Cutting out distractions
 3. Deciding between different study methods
4. Week 4
 1. Other types of literature
 2. Checking in about: planners vs journals, study methods, and our projects
 3. What are our goals from here?

REQUIRED COURSE TEXTS/MATERIALS:

- **How to Read a Book, by Mortimer J. Adler and Charles Van Doren**
ISBN-13: 978-0671212094 The reading skills will be oriented around those presented in Mortimer Adler's *How to Read a Book*, of which we will be reading a few sections. The skills discussed will be applied to a variety of selections from literary and historical texts. All necessary readings will be provided and discussed during our sessions, with only brief readings assigned as homework between classes.
- **A journal or notebook between 5 x 8.25 and 8.5 x 11**
 - Durable enough that you will be able to use it daily for 2-3 months without pages falling out. Pages should be lined and the paper thick enough that the ink doesn't bleed through to the other side.
- **A reliable pen**
- **A computer or tablet to type on**

STUDENT EVALUATION: GRADING

No grades will be assigned.

Note: This course is not designed to be used for credit.

This course is designed to challenge the upper school student to be diligent in planning, goal-setting, studying, and analytical reading. Students will be introduced to journaling, planning and goal setting strategies, deep reading techniques, note-taking and study skills. Upon completion, students should be able to implement a sense of orderliness in their daily lives and in their academic pursuits.

ABOUT THE INSTRUCTOR:

Chris Marchand (pronounced mar-shan) is a music pastor and priest within the Anglican Church in North America (ACNA), serving in Peoria, Illinois. With an undergraduate degree in Literature from Eureka College he also holds a Master of Theological Studies and a Master of Arts in Music Ministry from Garrett Evangelical Theological Seminary, and was trained as a hospital chaplain in a residency program at Saint Francis Hospital. A former headmaster and teacher at Aletheia Classical Christian School, he has taught humanities, history, science, and government courses. He is married to Elisa and they have four children. The author of *Celebrating the 12 Days of Christmas: a guide for churches and families*, he also produces podcasts, composes music, and loves to discuss anything related the arts and his favorite sport tennis.
