

#### A needle, some thread, and some fortitude!

Are you ready to learn some simple sewing techniques to serve as the foundation for some useful projects? I can't wait for you to join me this summer as we go back to the basics of every garment and learn the techniques and stitches that serve as the beginging for most projects. If you have never sewn before this course is for you!

#### YOU WILL NEED:

**Sewing Needles** 

Thread

A seam ripper

Safety Scissors

Shears

Cloth Tape Measure

Straight Pins

**Buttons** 

Sewing With St. Anne from Catholic Heritage Curricula

Quilting by Catholic School House

Notebook, folder, or journal, to keep notes together. If you have both books you may just want a highlighter,

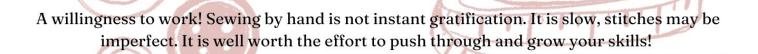
pencil and a folder for print outs.

Fabric for each project (this may mean purchasing fabric

with a weeks notice)

YOU MAY WANT:

thimbles, pin cushion, sewing box, needle threaders, fabric pen, embroidery hoop



# JULY 6th 2023

9am

Introductions/Welcome

9:15am

Motivation/History

9:30am

Supply Check and Explanation

9:45am

Sewing Stitches (SSA 9-18)

10:30am

# JULY 11th 2023

9am

Good Morning! Share Any Work

9:15am

Review SSA 9-18

9:30am

Begin SSA 19-29

10:00am

continue working:)

10:30am

# JULY 13th 2023

9am

Good Morning! Share Any Work

9:15am

Review SSA 19-29

9:30am

Begin Pot Holder

10:00am

continue working:)

10:30am

# JULY 18th 2023

9am

Good Morning! Share Any Work

9:15am

Check in on Pot Holder

9:30am

Begin Baby Bonnet

10:00am

continue working:)

10:30am

### JULY 20th 2023

9am

Good Morning! Share Any Work

9:15am

Check in on Baby Bonnet

9:30am

Begin Baby Bib

10:00am

continue working:)

10:30am

### JULY 25th 2023

9am

Good Morning! Share Any Work

9:15am

Check in on Baby Bib

9:30am

History of Quilting

10:00am

Begin Quilting

10:30am

### JULY 20th 2023

Good Morning! Share Any Work 9am 9:15am Check in on Quilting 9:30am continue working:) 10:00am Course Review Dismissal And Next Steps 10:30am

\*Thank you for joining me on this journey of traditional hand sewing!

This course is subject to change at the teacher's discretion and you will be notified accordingly. We may have more or less projects depending on timing.

This is to serve a quide only.